



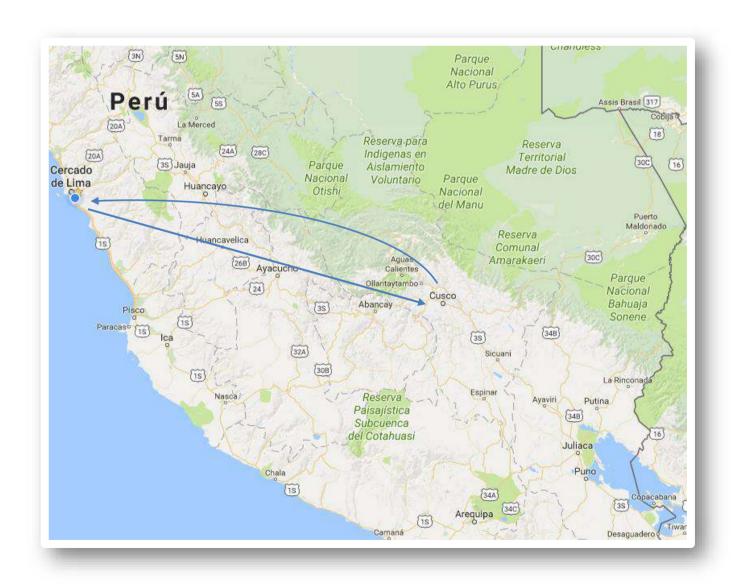
# **TOUR: RACCHI - 2 DAYS/1 NIGHT**

EXPERIENTIAL TOURISM, ANDEAN TRADITIONAL MEDICINE PERU: CUSCO

# **ITINERARY FOR 02 DAYS**

Day 1. Cusco-Racchi Day 2. Racchi-Cusco

End of Itinerary



We will visit the community of Racchi, where one of the most important Inca temples is located, dedicated to Wiracocha (Creator God in the Andean world). All activities will be guided by a local healer, direct heir of the Incas and guardian of their ancestral wisdom. We will participate directly in fundamental activities of the Andean culture and cosmovision such as the ritual of offering to Pachamama (mother earth), used as a means of reciprocity to thank and ask permission from mother earth. We will perform purification baths with medicinal plants to cleanse the body and balance our energy. We will visit the Apu Tucaliana (protective spirit of the mountain) and receive a blessing with roses. We will know the Inca road and the temple of Wiracocha.

## DAY 1. CUSCO - RACCHI

- Departure time: 08:00 am
- Arrival time in Racchi: 10 15 am
- Activity: offering to Mother Earth, visit to section of the Inca trail and Wiracocha temple
- Guides: Local healer and translator
- Food: 01 lunch and 01 dinner
- Accommodation: Guest house Room
- Type: double with shared bathroom

Departure from your hotel to Racchi, where a local healer will wait for us at your home to welcome us. We will go to the chaskiwasi, house of the chaskis or Inca messengers, to know the place and also a stretch of the ancient Inca road that connected the Inca empire from the north of Argentina to Quito in Ecuador. In the chaskiwasi we will perform the ritual of offering to the Pachamama (mother earth) to thank for everything we received from her and ask permission to collect her medicinal plants. During this experience we can ask for different personal intentions, understand the importance of reciprocity, ask permission and thanks, and experience the deep bond of the Andean people with nature and their spirituality. We will have a typical lunch with Andean food and then visit the temple of Racchi, one of the most important Inca monuments since it is dedicated to Wiracocha (God creator). We will visit the most important places of the temple, where different ceremonies and rituals were held, to know the principles of life, social organization, spirituality and engineering of the Inca culture. At the end of the day we will have dinner and share a campfire with traditional songs.

## DAY 2. CUSCO-RACCHI

- Departure time from Racchi: 18:00 pm
- Arrival time in Cusco: 20:15 pm
- Activity: purification bath and blessing ritual with roses
- Guides: Local healer and translator
- Food: 01 breakfast and 01 lunch

During the morning we will participate in the ritual of blessing and preparation of purification baths, traditionally used in Andean medicine to clean and balance the body, energy and spirit. We will have a group moment of preparation to understand the philosophy of this practice and discuss the effects of plant baths. Then the individual purification baths will be carried out by the local healer to then take advantage of the relaxation they induce to rest peacefully. After lunch we will take a walk to the viewpoint of the Apu Tucaliana (protective spirit of the mountain), from where we can appreciate the beautiful views of the temple Wiracocha, of the mountains and of the valley. There, the local healer will perform a ritual of blessing with roses to all participants to thank for the experience and return to Cusco with renewed energy and full of vitality.

End of services



#### NOTES

- > This type of visit is only available as private service.
- > Tour hours are subject to change without prior notice, as they may be affected by different circumstances.
- > Domestic flights are not included in the program, but we can include them at the request of each client.
- Lunches or dinners not specified in the program or itinerary are not included.
- > This program can be combining with other cultural, adventure, ecological, culinary and luxury programs.

#### WHAT TO BRING

Backpack, clothing for warm and cold weather such as waterproof jacket, fleece, pants and trekking shoes, poles, rain cover suit, hat, scarf, sunscreen, insect repellent and alcohol disinfectant gel. Bottle of water and disinfectant pill. Camera (wrapped in plastic bag), flashlight and batteries. Small snack selected as a bar of chocolates and dried fruits. Original passport, Student meat "ISIC" and extra money in soles.

#### WHAT DOES THE PROGRAM INCLUDE?

- Private transportation from hotel in Cusco to Racchi round trip.
- Accompaniment of local healer throughout the program.
- Interpret Spanish English (in case you need French, German or other language request quote).
- Tickets to the temple of Wiracocha.
- Ritual of offering to the earth.
- Bath of purification.
- Ritual of blessing with roses.
- Food according to itinerary.
- 1 night accommodation

The program does not include

- Alcoholic beverages in general
- Sure of any kind
- Phone calls of any kind
- Tins

## TERMS & CONDITIONS

- > The agency will not make any refunds, if the participant decides to cancel the trip or desist from continuing the program.
- > The participant shall declare whether he/she has any illness or personal treatment, and he/she shall bring his/her own medication.
- > The agency will not be responsible for natural problems (landslides) or other problems.
- > All participants must bring their original passport and if applicable, their "ISIC" student card.
- The accommodation will be in the home of a local healer who has basic water services (there is hot water) and electricity. Most of the rooms are double (there are 1 double and 1 triple). There is no TV or wifi. There are 2 full bathrooms that are shared (traditional custom in the Andes).

## **RESERVATIONS**

If you wish to make a quote or reservation, please send us the following information to hola@andean-tours.com

- Number of adults going on the trip:
- > Number of children (specify age) going on the trip:
- ➤ Language you want the program in: Spanish or English.
- > Category of hotel you want in Cusco/Ollantaytambo/Urubamba before and after the program: 2, 3, 4 or 5 stars
- > Type of rooms you want in Cusco/Ollantaytambo or Urubamba: single, double, double with two beds, triple.
- Date of arrival in Cusco: Tentative
- Date of return to your country:
- ➤ Any special request:

Please note that the hotels, and some services are subject to spaces.

## **PAYMENTS**

- > Once we send you the quote and finish making any modification, we will proceed to make the reservations which take a time between 24 to 48 hours
- > We accept bank transfers (all interbank charges must be covered) or PayPal

## **CONTACT INFORMATION**

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