



TOUR: CULINARY EXPERIENCE IN CUSCO

PERU: CUSCO

We have prepared a unique experience inside the andean peruvian cuisine

Start: 9:00 - 9:30 am

Duration: 5-6 hours approximately

The experience begins early with a visit to the local market where we will buy supplies that will serve us for our cooking class. In this visit we will have the opportunity to see and / or learn about the most used products in the peruvian andes, such as a variety of potatoes, quinoa, corn and cheese.

At the end of the market visit, we will go to the Casona La Princesita where we will visit the Museum of Gastronomy. In this beautiful little interpretation center of The Gastronomy of Peru, we will learn from carefully prepared panels and infographics about our geographical environment, agricultural technologies, communication systems, food preservation techniques, and the magical medicinal ritual nature of food. In the end we will learn about the culinary influences of the world to Peruvian food.

Once the visit to the museum is over, and after having understood the roots of Peruvian gastronomy, we will go to another part of the house where we will have an experiential experience with a shaman, who will make an offering to Mother Earth. In this activity we thanked to Mother Earth and the mountains for everything they give us, it is definitely a very beautiful experience.

At the end of the offering, we proceed to carry out the last activity of the day which will take place in the kitchen that is inside the Casona. Previously, we will collect some herbs that are planted in the garden and someone from the staf will give us information about some plants. In the kitchen, the chef will teach us how to prepare 3 typical dishes of Andean gastronomy (previously the options will be chosen). Once the cooking session is over, we will go to the dining room to taste the dishes that we previously prepared in the cooking class, it is time to try and check our skills as cooks.

Once the lunch is over, we will return to drop you off at your hotel.

End of services



NOTES

- This program is available only in private service
- The schedules are subject to change due different circumstances.
- Domestic flights are not included in the program
- The meals that are not mentioned on the itinerary are not included
- This program can be combined with other tours in Cusco, if you need assistance please let us know

WHAT TO BRING

This tour is casual, and we recommend wearing comfortable shoes to visit the market and do the rest of the activities.

WHAT DOES THE PROGRAM INCLUDE?

- Transport
- Guided in English or Spanish. Ask for other languages
- Visits according to itinerary
- Lunch - tasting of dishes prepared in class

Price does not include

- Alcoholic beverages in general.
- Insurance of any kind.
- Additional requests or services that are not in the itinerary
- Tips.

TERMS AND CONDITIONS

- The agency will not make any refund if the passenger decides to cancel the trip or desists to continue with the program.
- The passenger must declare if he / she has any allergies, illness, or personal treatment, and he / she must bring his / her own medicine.
- The agency will not be responsible for external factors that affect the development of the program
- All passengers must bring their original passport and if applicable, their "ISIC" student card.

RESERVATIONS

If you require a quotation or reservation, please send us the following information to hola@andean-tours.com

- ✓ Number of adults interested in booking the trip:
- ✓ Number of children (please specify the age) interested in booking the trip:
- ✓ Language of the program: Spanish, English, or French
- ✓ Hotel category in Arequipa: 2, 3, 4 or 5 stars
- ✓ Type of rooms: single, double matrimonial, double with two beds, triple
- ✓ Tentative date of arrival to Peru:
- ✓ Tentative date of return to your country:
- ✓ Special request:

Keep in mind that hotels, trains, and some services are subject to availability.

PAYMENTS

- Once we send you the quote and we finish making any changes, we will proceed to make the reservations which takes between 24 to 48 hours.
- We accept bank transfers (all extra charges must be cover) and payments via PayPal.

CONTACT INFORMATION

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