



TOUR: LUXURY LARES TREK FOR 5 DAYS

"SACRED VALLEY AND LARES ADVENTURE TO MACHUPICCHU"

A PRODUCT OF MOUNTAIN LODGES OF PERU

PERU: CUSCO

05 DAYS ITINERARY

Day 1. Exploring Písaq

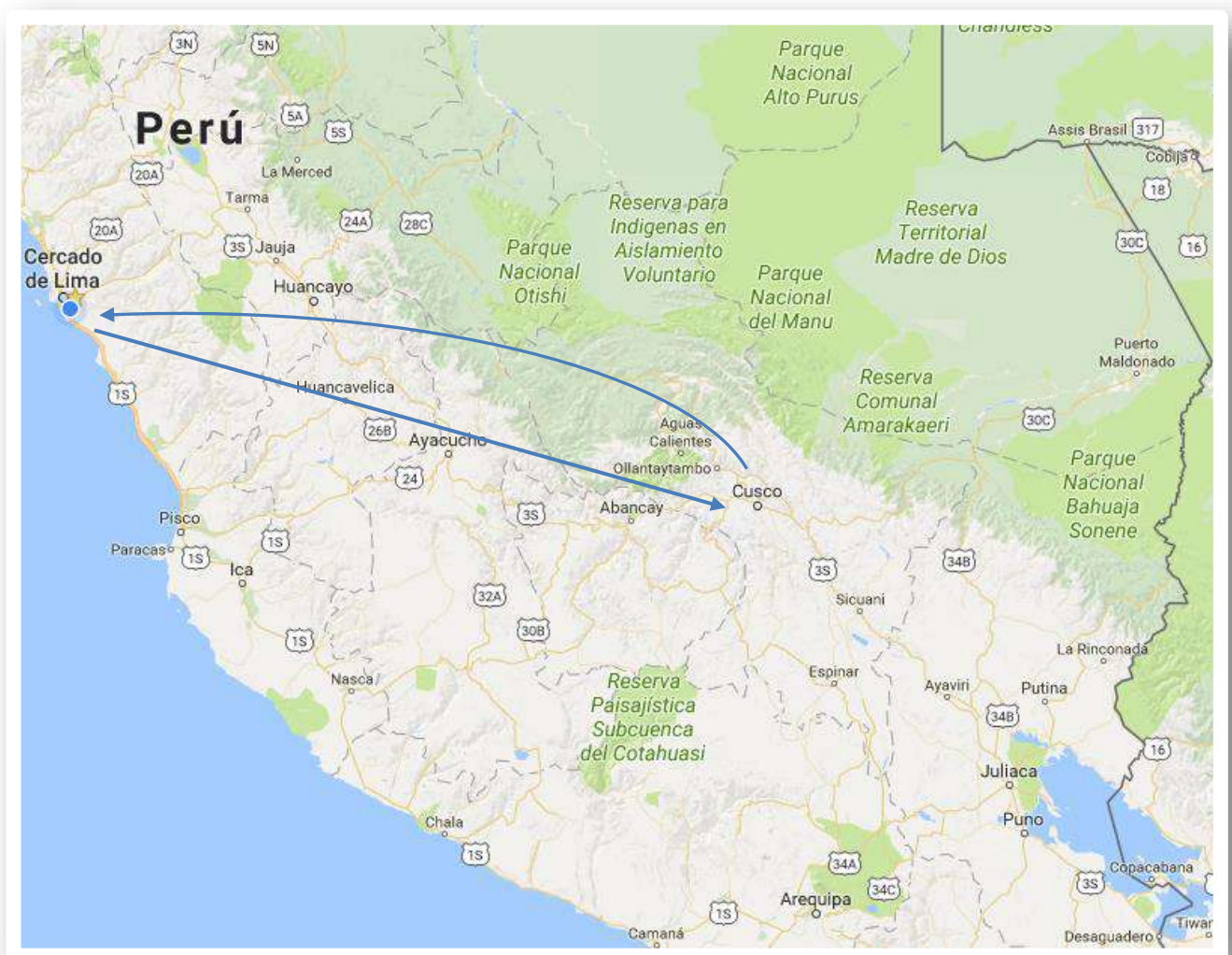
Day 2. Into the heart of Lares

Day 3. The road to Ollantaytambo

Day 4. Discovering Ollantaytambo

Day 5. The citadel of Machupicchu. Return to Cusco

End of services.



Itinerary Details

"The Sacred Valley and Lares Adventure to Machu Picchu—a journey through the ancient history, living culture, and magnificent landscapes of Cusco and the Sacred Valley of the Incas. Expert guides will tailor your individual experience from a daily list of adventure activities and cultural exploration options. Then, as breathtaking sunsets paint the Andean sky at the end of each exciting day, you will settle into our signature mountain lodges to enjoy exceptional Peruvian cuisine and top-notch accommodations."

The night before your journey, you will meet your MLP (Mountain Lodges of Peru) guide and fellow travelers for a general trip briefing and Q&A.

Time: 6pm

Location: El Mercado, an MLP Signature Property

Address: Calle 7 Cuartones 306, Centro Histórico de Cusco, Cusco

Duration: Approximately 45 minutes**

DAY 1: EXPLORING PISAQ

Begin your journey from the busy streets of Cusco to the Sacred Valley of the Incas, full of lush green fields surrounded by striking mountain peaks. Start your day with either an invigorating hike from the village of Amaru to the community of Viacha, or a visit to the Awanakancha textile center followed by an exploration of the lively town and colorful artisan marketplace of Pisac. Midday, both cultural explorers and hikers will reunite in the village of Viacha to learn about traditional Andean farming techniques. Afterwards, hike or drive to the Pisac archaeological site for a guided tour, followed by a traditional Pachamanca dinner back at Lamay Lodge.

Day 1 Activity Options:

Cultural (morning):

Excursion to Awanakancha for an introduction to traditional Andean textile weaving techniques and an up-close visit with some friendly llamas, alpacas, and vicuñas, all camelids indigenous to both this region and other high-altitude regions throughout Peru. Next, visit the town of Pisac for a brief tour and time to explore the unique goods for sale in its colorful artisan marketplace.

Active (morning):

Hike from the village of Amaru to the community of Viacha.

Duration: Approximately 3 hours

Difficulty: Moderate

Altitude: 14,200' / 4,328 m

All-Group Activity: Meet the Viacha locals and learn about their traditional Andean farming practices, followed by an optional hike (or drive) and guided exploration of the Pisac archaeological site.

Meals: L (box lunch en route), D (Lamay Lodge)

Overnight: Lamay Lodge (9,705' / 2,958m)

DAY 2: INTO THE HEART OF LARES

The day begins with a visit to the small town of Lamay followed by a scenic drive into the heart of the Lares Valley. Your first stop will be Ancasmарca for a guided tour of this seldom-visited archaeological site. Afterwards, choose a visit with the expert textile weavers in the remote village of Choquecancha or a hike amidst turquoise blue lakes and towering peaks to the remote village of Huacahuasi, where both groups meet again to spend the night.

Day 2 Activity Options:

All-Group Cultural Activity (morning):

Explore the town of Lamay and visit the archaeological site of Ancasmарca.

Cultural (afternoon):

Visit to the remote village of Choquecancha where you will have the opportunity to meet the locals and learn from the community's expert textile weavers.



Active (afternoon):

○ **Option A:** Hike from Quelquena to Huacahuasi
Duration: Approximately 2.5 hours
Difficulty: Easy to moderate
Altitude: 14,200' / 4,328 m

○ **Option B:** Hike from Cuncani to Huacahuasi
Duration: Approximately 4 hours
Difficulty: Moderate
Altitude: 13,838' / 4,219 m

Meals: B (Lamay Lodge), L (Cultural – Choquecancha; Active – Box lunch en route), D (Huacahuasi Lodge)
Overnight: *Huacahuasi Lodge (12,585' / 3,835m)*

DAY 3: THE ROAD TO OLLANTAYTAMBO

Begin the day with a scenic drive to the community of Huilloc. From there, choose a morning hike from Huilloc to Pumamarca, or explore the village and nearby shepherding community of Marcacocha before regrouping for lunch and a midday exploration of the Pumamarca archaeological site. After lunch, choose to hike from Pumamarca to Ollantaytambo or drive and spend the afternoon exploring Ollantaytambo's maze-like alleys and passageways.

Note: *Afternoon hikers will meet the rest of the group at the hotel upon arrival in the Sacred Valley.*

Day 3 Activity Options

Cultural:

○ **Morning:** Visit the village of Huilloc and nearby shepherding community of Marcacocha to participate in a traditional Andean ceremony to honor Pachamama (Mother Earth) and her blessings for the health of the community livestock. Drive from Marcacocha to Pumamarca for an all-group tour of the archaeological site and picnic lunch.

○ **Afternoon:** After lunch, take a scenic drive to Ollantaytambo and spend the afternoon exploring this charming Sacred Valley town.

Active

○ **Morning:** Hike from Huilloc to Pumamarca.
Duration: Approximately 3 hours
Difficulty: Moderate

○ **Afternoon:** Hike from Pumamarca to Ollantaytambo.
Duration: Approximately 3 hours
Difficulty: Moderate

Optional All-Group Activity (late afternoon): Visit a locally sourced Sacred Valley craft brewery (subject to additional cost).

Meals: B (Huacahuasi Lodge), L (Pumamarca), D (Hotel in Sacred Valley)
Overnight: *Hotel in the Sacred Valley of the Incas (9,284' / 2,830 m)*

DAY 4: DISCOVERING OLLANTAYTAMBO

Begin your day with an optional early morning hike to the Inca storage houses high above the town for an impressive view of the Ollantaytambo fortress and ceremonial site. Afterwards, the entire group will meet at the entrance of the site for a guided tour before embarking on a scenic train ride to Aguas Calientes, followed by your first visit to Machu Picchu in the afternoon. Alternately, opt for an all-day hike from train marker KM 104 to the Machu Picchu Sun Gate on the classic Inca Trail (subject to additional cost).



Day 4 Activity Options:

Active (early morning):

- o **Option A:** Hike up Lower Pinkuylluna Mountain above Ollantaytambo

Duration: Approximately 1.5 hours

Difficulty: Moderate

- o **Option B:** Hike up Pinkuylluna Mountain above Ollantaytambo

Duration: Approximately 2.5 hours

Difficulty: Moderate to challenging

All-Group Cultural Activity (morning): Guided exploration of the Ollantaytambo archeological site.

Optional: Afternoon visit to the Machu Picchu citadel.

Optional*: Hike on the classic Inca Trail, from KM 104 to the Sun Gate at Machu Picchu. (Subject to availability and additional cost)

Duration: Approximately 6 hours

Difficulty: Moderate to challenging

***Note:** *Replaces the standard program day itinerary; his activity must be booked upon confirmation of your Sacred Valley and Lares Adventure departure date in order to secure the necessary permits.*

Meals: B (Hotel in Sacred Valley), L (Box lunch on the train), D (Inkaterra Pueblo Hotel)

Overnight: *Inkaterra Pueblo Hotel, Aguas Calientes (6,232' / 1,900m)*

DAY 5: THE CITADEL OF MACHU PICCHU

After breakfast at the hotel, you will once again have to opportunity to visit Machu Picchu for a two-hour guided tour of the citadel. After the tour, you will have free time to explore on your own or hike up Huayna Picchu*, the iconic mountain that looms over the citadel, or Machu Picchu Mountain** for dramatic views that stretch from the Urubamba River Valley to the edge of the Amazon Jungle. After the visit you will have lunch in Aguas Calientes before the return train ride to Ollantaytambo (approximately 1.5 hours) and a scenic sunset drive back to your hotel in Cusco (approximately 1.5 hours). As night falls and you arrive amidst the hustle and bustle of the city, you will be touched by a feeling of peace and rejuvenation that will linger long after your journey home.

***Entrance time - Huayna Picchu: 10:30am**

***Note::** *Permits for Huayna Picchu are subject to availability; please consult with your MLP travel specialist when you confirm your reservation. In the event that Huayna Picchu permits are not available for your desired date, Machu Picchu Mountain (the second peak within the sanctuary) permits will be secured instead.*

Day 5 Activity Options:

All-Group Cultural Activity (morning):

Guided exploration of the Machu Picchu citadel (7,872' / 2,400m).

Cultural (late morning):

Free time for further exploration.

Active (late morning):

Hike up Huayna Picchu or Machu Picchu Mountain.

Duration: Approximately 2.5 hours

Difficulty: Moderate to challenging

Altitude: 8,924' / 2,720 m

Meals: B and L (Inkaterra Pueblo Hotel)

End of services

The images used in this document are referential and are the property of Mountain Lodges of Peru. Its sale and / or commercialization is prohibited.



NOTES

- The walks are given in a group, but the rooms are given in a single or double room as required by each client (subject to availability). In case you want the walks in private, please contact us to help you with the quote. The price is different for private walks and group service.
- Tour hours are subject to change without prior notice, as they may be affected by different circumstances.
- It is recommended to arrive in Cusco two or three days before starting the excursion, to acclimatize to the altitude. If you need a hotel or other additional services, please let us know.
- Domestic flights are not included in the program, but we can include them at the request of each client.
- Lunches or dinners that are not specified in the program or itinerary are not included.

RECOMMENDED EQUIPMENT

Backpack, clothing for both warm and cold climates, trekking shoes/boots, a sweater, long- and short-sleeved T-shirts, rain poncho/waterproof jacket and a hat, sunscreen, insect repellent, hand cleaner/disinfecting alcohol gel, camera (with rain protection), a flash light/headlamp and extra batteries, snacks (e.g. chocolate bars and dried fruit), original passport, original ISIC student card and extra money in soles

WHAT DOES THE PROGRAM INCLUDE?

INCLUDED:

- Transfers
- Transport to return to Cusco
- Entrance for Machupicchu
- Professional bilingual guide (Spanish or English).
- Accommodation at the Lodge or hotel mentioned in the itinerary.
- Meals during the excursion (breakfast, lunch, dinner and snack / vegetarian option) according to the description of the itinerary
- First aid kit and oxygen bottle.

NOT INCLUDED

- Tips, entrance to Huaynapicchu or Machupicchu Mountain, meals not mentioned in the itinerary.

CONDITIONS

- The agency will not make any refund, if the participant decides to cancel the trip or desists to continue on the program
- The participant must declare if he / she has any illness or personal treatment, and he / she must bring his / her own medicine.
- The agency will not be responsible for natural problems (Landslides) or other problems, in case of strikes and delayed train departures.
- All participants must bring their original passport and if applicable, their "ISIC" student card.

RESERVATIONS

If you want a quotation or a reservation please send us an email to hola@andean-tours.com and provide us with the following information:

- ✓ Number of adults who are going to make the trip / trek:
- ✓ Number of children (specify age) who are going to make the trip / trek:
- ✓ Type of service of your preference for the tours: Private or Shared:
- ✓ Category of hotel of your preference in Cusco before and after the trek: 2, 3, 4 or 5 stars:
- ✓ Type of rooms you want: single, double matrimonial, double with two beds, triple:
- ✓ Tentative date of arrival in Cusco:
- ✓ Tentative date of return to your country:
- ✓ Any special request:

Take into consideration that hotels, trains and some services, are subject to availability.

PAYMENTS

- Once we send you a quotation and we finish any modification at your request, we will proceed to make the reservations, this process takes about 24 to 48 hours.
- In order to book the Inca Trail, a prepayment of \$ 300 per person is needed. The balance can be canceled 30 days before the service
- We accept bank transfers (they must cover interbank charges) and PayPal.

INFORMACION DE CONTACTO

Calle Los Antares 320 Torre A OF 506 Urbanización La Alborada, Surco

Central telefónica: +51-1-2004320 extensión 15

Email: hola@andean-tours.com