

SOUTH YOUTH'S TRIAL

LIMA / PARACAS / ICA / NAZCA / AREQUIPA / COLCA / CUSCO / MACHUPICCHU / PUNO / LA PAZ

17 DAYS / 16 NIGHTS



17 days trip exploring the coast with deserts and green valleys, colorful highlands to snow-covered Andean mountains & extensive forest with its diverse ecological, cultural & historic manifestations. The colonial and modern city of Lima with its excellent archaeological museums and restaurants, Paracas wildlife reservation and spectacular Nazca lines along the Pacific coast, the Inca city of Cuzco and the MachuPicchu National Park, the volcano white city of Arequipa and the Colca canyon & a Jungle expedition to the Tambopata reservation in the south Amazon basin. A complete travel experience.

INCLUDES

- 13 nights hotel accommodation with breakfast included & 3 nights camp with meals.
- All transfers to airport, train or bus station to hotel and return.
- Reception & transfer in all arriving journeys.
- First class buses are provided.
- Inca Trail to MachuPicchu, with meals, guide, cook, tents, porters, train, bus, entrance fees.
- Colca canyon & Taquile / Uros excursions in Puno included.
- Every day departures.

ITINERARY

Day 1. - LIMA. –

Arrive Lima & transfer to hotel. At the Hotel, we will give the travel coupons, maps, brochures and general information to the passengers.

Day 2. - LIMA / PARACAS.-

Tickets for a first class double deck bus from Lima to Hotel El Mirador entrance door. Hotel accommodation.

Day 3.- PARACAS / NAZCA.-

At 16:30hrs first class bus from Paracas to Nazca. Accommodation at Alegria hostel.

Informes y reservas

Email: experience@andean-tours.com / contacto@andean-tours.com

Telf: 2004320 anexo 11 ó 12

Dirección: Calle Los Antares 320 OF 506 Urb. La Alborada, Surco, Lima-Perú



Day 4. - NAZCA / AREQUIPA.-

At 17:30hrs Bus first class to Arequipa. Night ride in a first class double deck bus with WC, bar, TV on board to Arequipa.

Day 5. - AREQUIPA.-

Reception & transfer in at the bus station to the hotel selected in Arequipa. Morning free to rest. Hotel accommodation.

Day 6. - COLCA CANYON. –

After breakfast, full day excursion to the Colca Canyon. This journey will take you along dirt roads over the PUNA plateau over 4,000 Mts. above sea level, to appreciate the Vicunas, lamas and Huanacos herds and enter the Colca Canyon in its highest portion and follow along one side how the Colca river cut the earth forming the second deepest canyon of the world.

At the deepest point called CRUZ DEL CONDOR you will have the opportunity to see fly condors around or very near you. Lunch & dinner are on your own. Hotel accommodation in the Canyon.

Day 7.- COLCA / AREQUIPA.-

After breakfast there will be a visit to the towns along the up ridge of both sides of the Canyon and then return to Arequipa in the afternoon. Hotel accommodation in Arequipa.

Day 8. - AREQUIPA / CUSCO. –

09:00 departure from Arequipa to Cusco on a First class bus. The trip will take approximately 10 hours riding over the Andes. Reception at the bus station and transfer to the Andean Aparts.

Day 9. - CUZCO. –

Morning free to recover energy and prepare to visit the oldest inhabited city in the Americas: Cuzco. Lunch on your own. Afternoon Inca trail briefing overnight at Andean Aparts.

Day 10. - Cusco –

Early morning transfer by bus with other trekkers to Chilca, our starting point to the Inca Trail Easy walk to first camp at Llaqtapata. Lunch and dinner.

Day 11.- Llaqtapata-Llulluchapampa.-

Breakfast. This will be the most strenuous journey, walking up steep trails up to 4,000mts high. Camp at Llulluchapampa. Lunch & dinner.

Day 12.- Llulluchapampa-Sayacmarca.

After breakfast. We will walk past the high point of Warmiwañusca (4,200mts) and will descend toward Pakaritampu valley, have a light lunch and walk up again to a Runkurakay (3950mts) and descend again towards our camp base at Sayacmarca. Lunch & dinner.



Day 13. - Sayacmarca-Winay Wayna. –

From here on the trail will descend into the sub tropical cloud forest past some magnificent archaeological sites until we reach Winay Wayna where we will camp. Lunch & dinner.

Day 14.- Winay Wayna - MachuPicchu.

Early walk to Inti Punku (The Sun's door) to walk into the magnificent citadel of MachuPicchu. Guide Tour. At 14:30 descent by bus to Aguas Calientes to take the Backpacker train to Cusco. In Cusco transfer to Andean Aparts.

Day 15- CUSCO/PUNO. –

Today there are two possible transportation to travel from Puno to Cuzco: The train and tourist buses. Both depart at 08:00am and work their alongside the back of the high plateau toward LA RAYA 4,080.00mts and the down the valley to Cuzco. The bus counts with a bilingual guide and makes 3 stops to visit attractions and also stops at Sicuani for lunch on your own. The train makes very short stops, and has optional lunch on board. In both case the passengers is transfers from the hotel to the station and is pick up at arrival. Hotel accommodation.

Day 16. - PUNO. –

Full day excursion on lake Titicaca. Early visit to the floating reeds islands of the Uros. Here we will appreciate a unique experience of walking over floating reed islands. Then, we continue by boat to the Taquile Island. The Taquile have lived in these islands since man memory, keeping its social organisation and customs without much change, they still cultivate canihua, kiwicha (amaranto) potatoes and other beams the way their ancestors did 500 years ago. Typical lunch at Taquile. Afternoon return to Puno and transfer to the hotel. Hotel accommodation.

Day 17.- PUNO-LA PAZ.-

Very early breakfast. Transfer from hotel to bus station. Regular bus from Puno to Copacabana and them to La Paz. Reception & transfer to hotel. Hotel accommodation. End of our services.